

## WEEK FIVE

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt and Tape Measure from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
13-Week Newspaper Subscription for the Leader Telegram  
Heaven Sent Hypnotherapy CD, Tape Measure from Luther Midelfort & Business Card  
Holder from Marshfield Clinic  
Biofeedback Gift Certificate from Dr. Lynn Thompson

## WEEK SIX

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt and Tape Measure from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
Mary Kay Product Bag from Rebecca Vance  
Heaven Sent Hypnotherapy CD & Tape Measure from Luther Midelfort  
Portfolio from Luther Midelfort

## WEEK SEVEN

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt and Tape Measure from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
Eau Claire and The Valley book from Eau Claire Press Company  
Heaven Sent Hypnotherapy CD, Tape Measure from Luther Midelfort  
Biofeedback Gift Certificate from Dr. Lynn Thompson

## WEEK EIGHT

One-Month Free Pass to Highland Fitness (9)  
T-Shirt from Luther Midelfort and a \$5 Gift Certificate for Just Local Foods Co-op  
4 One-Week Free Passes to Highland Fitness (4)  
Heaven Sent Hypnotherapy CD and Tape Measure from Luther Midelfort  
10 Free Tanning Sessions from The Exercise Equipment Store

## GRAND PRIZE

Update all of your weekly logs on time and reach your goal, and  
you'll be eligible for the grand prize drawing:

**ONE-YEAR HIGHLAND FITNESS MEMBERSHIP + 4 PERSONAL TRAINING SESSIONS**

## EVALUATION INCENTIVE

Complete and submit the campaign evaluation form by March 18<sup>th</sup> and  
you'll be eligible for one of the following 4 prize drawings:  
**Gift Certificates for Stucky Chiropractic Living Well Series (4)**

# PRIZES

# MOVE & WIN!

Update your weekly log before midnight on the following Tuesday and you'll be eligible for one of the following 16 prize drawings each week!

## WEEK ONE

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
Winter Gloves from Marshfield Clinic & Tape Measure from Luther Midelfort  
Creative Memories Custom Framing Gift Certificate  
Heaven Sent Hypnotherapy CD, Winter Gloves from Marshfield Clinic &  
Tape Measure from Luther Midelfort

## WEEK TWO

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt and Tape Measure from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
Portfolio from Luther Midelfort  
Framed 12 x 6 Photo Reprint from Eau Claire Press Company  
Heaven Sent Hypnotherapy CD, Business Card Holder from Marshfield Clinic &  
Tape Measure from Luther Midelfort

## WEEK THREE

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt and Tape Measure from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
Biofeedback Gift Certificate from Dr. Lynn Thompson  
10 Free Tanning Sessions at The Exercise Equipment Store  
Heaven Sent Hypnotherapy CD & Tape Measure from Luther Midelfort

## WEEK FOUR

One-Month Free Pass to Highland Fitness (9)  
Long Sleeve T-Shirt and Tape Measure from Luther Midelfort  
4 One-Week Free Passes to Highland Fitness (3)  
Portfolio from Luther Midelfort & \$5 Gift Certificate for Just Local Foods  
Jumper Cable Kit from Marshfield Clinic  
Heaven Sent Hypnotherapy CD & Tape Measure from Luther Midelfort