



EAT SMART & WIN!

Choose
fruits & vegetables
every day!

- Make it easy – Make it fast
- Make it fresh, frozen or canned
- Make it colorful

September 26 to November 6

- Register at www.energizeecc.com
- Track the fruits & vegetables you eat
- Attend “Tips & Taste” sessions
- Visit participating restaurants & grocery stores
- Win prizes!

For more information, call 839-4796
or visit www.energizeecc.com

